

LUNCH

WEEK 1

EAT WELL
LIVE NICE

ON A
FRESH FOOD
MISSION

MY
LUNCH
MY
WAY

w/c - 31/08, 21/09, 12/10, 02/11,
23/11, 14/12, 04/01, 25/01, 15/02

THE

KITCHENEERS

Halal and non-halal options available

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main 1	Succulent American Big Burger with Wedges 	Chicken Shawarma	 Garlic & Thyme Roast Pork with Dripping Gravy	 Massaman Chicken Curry with Crispy Onion & Lime	Classic Battered Fish / Chicken Strips / Sausage (Plain or Battered)
Main 2	 Classic Mac 'n' Cheese with Herby Crumb 	Roasted Vegetable Shawarma 	Loaded Meatball Sub 	Chilli Bean & Cheese Stack with Wedges 	Pizza Slice or Veggie Nuggets with Classic Curry Sauce or Chippy Gravy 
Carb	--	Hand Cut Wedges	Skin on Roasties	Coconut Rice	Chips
Veg / Salad	Summer Crunch Salad	Ranch Drizzle Pink Slaw	Savoy Cabbage & Carrots	Wokked Greens & Beans	Garden Peas / Smashed Peas
Potted	Meatball Marinara Pasta	Katsu Chicken & Rice	Tomato Soup w/ Half Cheese Toastie Combo 	Pasta Bolognese	Chicken Curry Rice / Chips Pot
Hand Held	Hot Honey Chicken Thigh Burger	Mexican Bean Balance Bowl 	Loaded Cheese & Gravy Roasties Pot 	BBQ Pulled Pork Nachos with Pink Slaw	Classic Ketchup & Crispy Onion Hot Dog

SERVED DAILY

Pizza By The Slice
Fresh Toasted Panini
Selection of Filled Breads
Selections of Salads
Freshly Cut Fruit

JACKET CLASSIC

Baked Beans,
Cheddar Cheese
or Beans & Cheese

SPUDS

TOPPED SPUDS

Monday - Meatball Marinara
Tuesday - Pink Slaw & Ranch
Wednesday - Roast Pork & Gravy
Thursday - Massaman Curry
Friday - Spicy Salmon Crunch

DESSERTS

Monday
Freshly Baked
Cookies

Tuesday
Southern Banana
Pudding

Wednesday
Cinnamon Apple
Crumble & Custard

Thursday
Sticky Toffee
Cookies

Friday
Homebakes
Selection

MENU KEY



Vegetarian



Vegan and Planet Friendly



New Dish



Spiced

