



We provide early help family support
and
we are available in your
school!

Birmingham SEMH PATHFINDER

Our service includes...

STRENGTHENING FAMILY RELATIONSHIPS

- Support with navigating the challenges of parenting
- PIE and NVR programmes
- Activities and support centred around special educational needs

SUPPORT WITH IMPROVING HEALTH

- Mental health
- Physical health
- SEND support

SUPPORT AROUND CONCERNS

- Worries around Domestic Abuse
- Worries around drug or alcohol misuse
- Worries about exploitation

HOUSING AND FINANCIAL SUPPORT

- Benefit advice and checks
- Support with applications & appeals
- Debt advice
- Housing advice

And so much more...

If you are interested please scan this
QR code and pop your details in and
our Pathfinder Worker will be in
touch





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My Name is Clair Hughes and I am the Pathfinder School Based Worker for King Edward VI Northfield School for Girls.

I was a nurse for many years at Selly Oak Hospital and briefly at the new Queen Elizabeth Hospital. After a career break, I began working in schools in 2019 after my children were a little older.

In school, I support pupils with their day-to-day worries. I also support their wider families outside of school too! I co-deliver programmes creating a space for parents to develop a deeper understanding of their relationship with their child and build stronger connections.

Outside of work, I enjoy spending time with family, reading, cooking and drinking too much coffee.

Please feel free to pop into school for an informal chat, give me a call or drop me a text or email!



**School Reception:
0121 464 8346**

**My office phone:
0121 513 0177**

**Or scan the QR code on
the other side!**

I can offer support to parents & carers about lots of things, not just about your child in school.

Please see the other side of the leaflet for more details or get in touch with me to ask what I can support with - if I'm not sure I will find out for you!

Sometimes it's just about walking with you as another human being.

Please contact me on:



c.hughes@nsg.kevibham.org